



Academy of
Nutritional
Medicine

Creating
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Presents

A Natural Way To Beat Depression

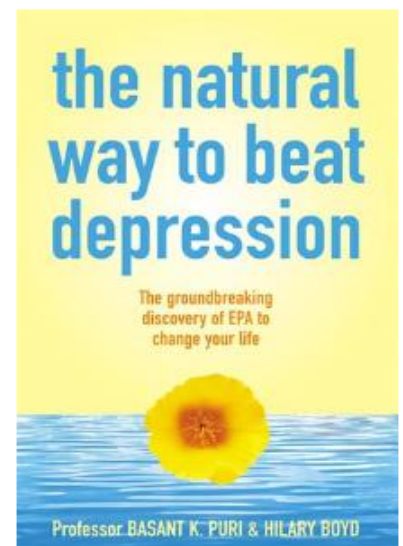
by Professor B Puri

Hammersmith Hospital, Imperial College London Limerick University

In addition to clinical experience in treating depression, Professor Puri has carried out research into this disorder and is the author of the groundbreaking book: **the natural way to beat depression**

In his presentation Prof. Puri will:

- Discuss how depression most commonly presents itself
- Describe common therapies used by medical professionals
- Talk about the background of antidepressant use
- Compare the evidence in favour of alternative, non drug based treatments
- Describe the difference that nutrition can make



Date: **8 December 2011**
Time: **6.30 pm – 8.30 pm**
Location: **College Of Naturopathic Medicine (CNM), 41 Riding House Street, London W1W 7BE**

Cost: £10; half price to CNM students and NNA members; free to members of AONM

(Tube: Oxford Circus or Goodge Street)

Bookings and info: info@aonm.org; www.aonm.org

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This talk carries 2.0 CPD points from the NNA